

Determining Type Preferences

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Prepare to answer some questions about yourself: the things you like and activities you enjoy. There are no right or wrong answers to these questions. For each sentence, choose the statement that you feel most comfortable with or prefer. Choose only one answer for each statement. If some choices are difficult, choose the one that would be correct most often.

1. In classroom discussions:
 - a) I usually do the talking.
 - b) I talk only when needed.
2. When assigned a major project at school:
 - a) I work best on my own.
 - b) I like to check my ideas out with a group.
3. At the beginning of the year:
 - a) I wait until someone talks to me.
 - b) I start to talk to someone first.
4. When my teachers are asking questions in class:
 - a) I usually like to answer right away and can get on the right track.
 - b) I like to think out my answer and make sure it's right.
5. When I feel low:
 - a) I like to get away by myself to collect my thoughts, like going for a drive or watching TV.
 - b) I call up some of my friends to go out and do something.
6. When it comes to friends, I have:
 - a) many, letting me do a variety of things with a variety of people.
 - b) one or two best friends, with whom I do most things.
7. I consider myself as:
 - a) daring.
 - b) cautious.
8. I enjoy reading mostly:
 - a) fiction, novels, and plays.
 - b) non-fiction, such as biographies and how-to books.

9. When writing a test, I would rather:
 - a) answer true or false, fill in the blanks, or select from multiple choices.
 - b) answer in sentences, paragraphs, or essays.
10. My friends come to me with their problems because
 - a) they value my common sense.
 - b) they love to talk with me about possible solutions, no matter how unusual they might be.
11. I like to wear:
 - a) different clothes, trying new styles first, or inventing my own.
 - b) comfortable clothes that match.
12. An old cave is:
 - a) dirty and boring.
 - b) full of interesting things.
13. Listening to stories about something that happened when I was there:
 - a) I tend to get impatient with a lot of details and want to get on with it.
 - b) I tend to interrupt when the details aren't right.
14. I consider myself as:
 - a) good at noticing exactly what is happening right now.
 - b) good at guessing what might happen in a new situation
15. If I were the school president and there was a dispute:
 - a) I'd carefully consider what's right or wrong and try to do what is best for everyone.
 - b) I'd refer to the school constitution (student rule book), to determine what would be most fair.
16. Giving constructive criticism:
 - a) is a good way to help someone.
 - b) usually ends up in hurt feelings.
17. To have a good friendship:
 - a) it is better to tell the truth and keep things honest.
 - b) it may be better to hide the truth to spare someone's feelings and keep the peace.
18. When a classroom rule has been made and set:
 - a) there's often special circumstances and it's important to bend the rule.
 - b) it's unfair to those who follow the rule if the teacher makes exceptions.





19. When determining a situation, it is important to:
a) see things as if they are happening to me.
b) stand back and analyze it as if I am an onlooker.
20. Time is well spent:
a) arguing over ideas and facts.
b) trying to understand and support one another.
21. I am most upset by:
a) looking stupid.
b) being disliked.
22. When it comes to keeping my things (room, desk, closet, papers):
a) I have things organized; everything has to be put in its proper place.
b) I have my own system that might look messy, but I know exactly where everything is.
23. People might say to me:
a) "Lighten up."
b) "Shape up."
24. Teachers should:
a) Have everything planned.
b) Make sure students enjoy their work.
25. When given a range of assignments:
a) I like to explore several topics until I get excited about one.
b) I need to make a definite choice and get to work as fast as I can.
26. When on a camping trip:
a) I like to rough out a few things I'd like to do, knowing that I can always change my mind.
b) I like to have a good plan and stick to it.
27. Teachers should:
a) set down the rules.
b) talk things over with students.
28. I prefer being:
a) decisive.
b) curious.

Scoring Your Choices

Bubble in and total your answers below.



SOURCE OF ENERGY

- | | | |
|--|--|------------------|
| 1. ☐ A E ☐ B I | 5. ☐ A I ☐ B E | I have ____ E's. |
| 2. ☐ A I ☐ B E | 6. ☐ A E ☐ B I | I have ____ I's. |
| 3. ☐ A I ☐ B E | 7. ☐ A E ☐ B I | |
| 4. ☐ A E ☐ B I | | |

LEAVE BLANK

GATHERING INFORMATION

- | | | |
|---|---|------------------|
| 8. ☐ A N ☐ B S | 12. ☐ A S ☐ B N | I have ____ N's. |
| 9. ☐ A S ☐ B N | 13. ☐ A N ☐ B S | I have ____ S's. |
| 10. ☐ A S ☐ B N | 14. ☐ A S ☐ B N | |
| 11. ☐ A N ☐ B S | | |

LEAVE BLANK

MAKING DECISIONS

- | | | |
|---|---|------------------|
| 15. ☐ A F ☐ B T | 19. ☐ A F ☐ B T | I have ____ T's. |
| 16. ☐ A T ☐ B F | 20. ☐ A T ☐ B F | I have ____ F's. |
| 17. ☐ A T ☐ B F | 21. ☐ A T ☐ B F | |
| 18. ☐ A F ☐ B T | | |

LEAVE BLANK

LIFESTYLE ORIENTATION

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|---|---|------------------|
| 22. ☐ A J ☐ B P | 26. ☐ A P ☐ B J | I have ____ J's. |
| 23. ☐ A J ☐ B P | 27. ☐ A J ☐ B P | I have ____ P's. |
| 24. ☐ A J ☐ B P | 28. ☐ A J ☐ B P | |
| 25. ☐ A P ☐ B J | | |

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